

## LUNCHEON NEWS

By Shirley E. M. Mears

Thomas Harrison will be sharing ways for each of us to consider using our time well and to “Go Out with a Bang”!

Thomas Harrison, Ambassador of Communication at Media Embassy will be sharing stories of people who, late in life, made huge impressions on their community and even the world. Just the mention of Colonel Sanders secret flavor recipe of 11 herbs and spices creates images of “finger lickin’ good chicken to most of the country.



Our culture, it seems, believes that youth is more desirable than experience; and yet we are learning that more and more people of advanced years are boldly changing the way society views aging. Thomas Harrison hears many stories about how the church and its people are able to encourage others every day in seizing each day God gives us.

Through Media Embassy, Harrison helps churches and nonprofits with their marketing, public relations and image and event service needs. He also helps design advertising campaigns and consults with church staff about marketing for events. Additionally, he represents authors and speakers as a publicist. Most of his time is spent meeting with clients and media representatives.

One of Harrison’s services -- which Dr. Stan Toler, General Superintendent for the Church of the Nazarene and former Senior Pastor of Trinity Church of the Nazarene in Oklahoma City, has used is the Secret Church Shopper Evaluation and Five Star Facility Inspections.

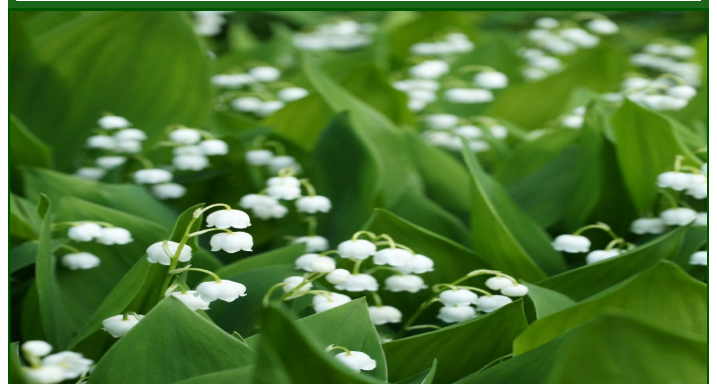
Harrison will be sharing ways for each of us to consider using our time well and to “Go Out with a Bang”!

### Important luncheon reservation information:

- Members: If you have not been contacted by one of our telephone callers by Thursday, May 6, then please call Mrs. Aleen Dru-meller, ASP Telephone Committee Chairperson, at 405.265.0302
- Guests: Please call the SNU Office of Alumni Relations at 491.6312 or email ASP@snu.edu
- All: The cost of the luncheon is \$5.00. Kindly make your reservation(s) by Thursday, May 6.

### MAY LUNCHEON SPONSOR

***Eunice Khoury Insurance Agency, Inc.,  
Our Thanks to: Eunice Khoury***





## Your President's Point of View

by Jack David Arnold

We cannot discover  
a "brave, new world"  
until we have the courage  
to leave our nests and fly!

The eagles that live in the canyons of Colorado use a special kind of stick with which to build their nests. A female eagle will sometimes fly as many as two-hundred miles in a single day in order to find a branch from an ironwood tree.

Not only are the ironwood sticks as strong as their name suggests, they have thorns that allow them to lock together so that the nest can set securely on a ledge high up on the wall of the canyon. After building the nest, the eagle pads it with layer upon layer of leaves, feathers, and grass to protect newborn eagles from the sharp thorns of the ironwood.

In her preparations, the female eagle goes to great lengths to promote the survival of the birds she will hatch. This interest in their survival extends well beyond their birth, although the expression of that interest changes. As the young eagles grow, they fight for space. Their demands for food eventually become such that the mother eagle cannot feed them what they need. She instinctively knows that in order to survive, her brood is going to have to leave its nest.

To encourage the young eagles to fend for themselves, the mother eagle pulls the padding out of the nest so that the thorns of the ironwood will prick the birds. As their living conditions become more painful, they are forced to climb up on the edge of the nest. As they begin to plummet to the bottom of the canyon, they wildly flap their wings to brake their falls, and end up doing what is the most natural thing in the world for an eagle—they fly! Human beings often find themselves in a similar situation. When our lives can no longer provide us with the growth we desire, and change must take place, we

*Arnold Continued on page 6*



## "Sharing a Continuous Flight"

### *The Academy Perspective*

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Photography Emmalyn and Dale German  
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We value messages from our readers.  
By mail: *The Academy Perspective (TAP)*, Southern Nazarene University, 6729 N.W. 39th Expressway, Bethany, OK 73008  
By fax: (405) 491-6381  
By computer: www.snu.edu —Alumni & Friends—ASP

#### ---Newsletter Subscription Information---

Annual subscription cost for *The Academy Perspective*:  
Non-members—\$10.00 per year  
Members—Included in membership

#### ---Contributions---

To make contributions to the Academy of Senior Professionals:  
Mail to: Roy Dorris, Treasurer  
4607 N. College, Bethany, OK, 73008

### Luncheon Sponsors for 2009-2010

**October:** Jack David Arnold, Ph. D.  
**November:** Legend at Council Road, Connie Daniels  
**December:** Southern Plaza, John Stoddart  
**January:** F. Trent Densmore, Attorney, (PC), Trent Densmore  
**February:** Cancelled—Snow Day  
**March:** Concordia Life Care Community, Lisa Vallekamp  
**April:** Southern Nazarene University  
**May:** Eunice Khoury Insurance Agency, Inc., Eunice Khoury

# Senior Adult Conference 2010

Advancing the quality of life:  
A lifelong learning conference

SAC 2010

Date: ▶ May 21, 2010  
Time: ▶ 8 AM to 3 PM  
Place: ▶ Bethany First Church of the Nazarene  
6789 NW 39th Expr.  
Bethany, Oklahoma 73008

## SAVE THE DATE

- Free parking
- Wheelchair-friendly
- Door prizes
- Silent auction
- Vendors and exhibits
- Entertainment
- Seminars
- Certificates of attendance
- Gourmet luncheon

**Contacts:**  
**Jack David Arnold**  
**405.350.0405**  
**Shirley Mears**  
**405.514.8108**  
**John Martin**  
**405.659.2131**

- 21 Gayle Dyer: Grief Recovery, Serving widows and widowers
- 22 John Gillespie: Investment strategies for uncertain times

### Presented by:



### Plenary Speakers:



**Chuck Schroeder**  
 Executive Director of the National Cowboy and Western Heritage Museum



**Dr. Stan Toler**  
 General Superintendent of the International Church of the Nazarene

### Breakout Sessions (Choose 3)

- |   |  |
|---|--|
| 1 Paul Scheie: Recent advances in aging technology  | 10 Debbie Miller: Total fitness and extending your warranty                  |
| 2 Bruce McIntire: Graceful transitions  | 11 Lynn Hardin and Rhonda Thomas: Identity theft                             |
| 3 Tom Hoover: Staying independent   | 12 Sherman Huff: One-chord Christian   |
| 4 Anita Kelley: How to help a friend who is hurting   | 13 Charlene Wilson: Planning a move  |
| 5 John Martin and Robin Jones: Creating a family legacy   | 14 Linda Dobson: How to have sunny attitudes to brighten dark days           |
| 6 Shirley Mears: Reaching children of 2070  | 15 Andrea Huston: Medicare 101   |
| 7 Jack David Arnold and Roy Dorris: Aging and addiction   | 16 Renda Brumbeloe: The writer in you: Life at 35,000 feet                   |
| 8 Roy Dorris: Drug-adverse effects and interactions   | 17 Sylvia Goodman: Fall prevention   |
| 9 Arlita Harris and Marion Snowbarger: Collecting and preserving Southern Nazarene University's and Bethany's History | 18 Connie Weber and Joan Zubik: What are we going to do with all this stuff? |
|   | 19 Petra Burdine: Senior resources   |
|   | 20 Brad Swartout: Financial abuse of seniors                                 |

**\$10.00 per person if received before May 15, 2010. \$20.00 per person if received after May 15, 2010**

**Online Registration:** [www.snu.edu/senior-adult-conference-2010](http://www.snu.edu/senior-adult-conference-2010)

**Phone Registration:** 405.491.6311

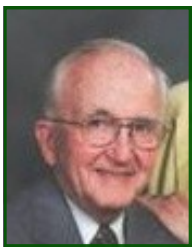
**Mail in Registration:** SAC2010 6729 NW Expressway. Bethany, Oklahoma 73008 (Must include payment)

Write Checks to: SNU, and mark for SAC2010

Name \_\_\_\_\_ Address \_\_\_\_\_

Phone \_\_\_\_\_ Phone 2 \_\_\_\_\_ Email \_\_\_\_\_

Session Choices 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_



## RIG

## ?? ETHICAL DELIMAS ??

By Paul Scheie



## LIBRARY NEWS

## I HAVE A DREAM

By Arlita Harris

***Act utilitarianism* holds that right action is that which produces more pleasure and less pain for everyone than any other action.**

Case study: Suppose that you are a judge in a small town in South Africa. The police bring a black man before you, charging him with raping a white woman the night before. The woman, who is the only witness, has positively identified him although the rape took place in the dark of the night. The rape has incensed the townspeople, and a mob of vigilantes has formed. The mob declares that if you do not sentence the black man to death, then they will raid the small black settlement outside the town and kill several black women in revenge. You know that they will carry out this threat and that you have no way of stopping them.

However, a few hours ago, by sheer improbable coincidence, you happened to be alone at the bedside of a dying friend who, just before dying, confessed that he had committed the rape. It would be useless to bring this utterly improbable story to the mob; they would simply accuse you of trying to get the black man off the hook by making up an unlikely story.

**What should you do? Would condemning an innocent man to death be terribly wrong in this South African case?**

**Can you think of other cases that would pose an ethical dilemma?**

**How would you judge the new health legislation? Will it provide more pleasure and less pain or more pain and less pleasure to the greatest number of Americans?**

**Dr. Jack David Arnold will discuss both utilitarianism and pragmatism at the last RIG session of this season ON MAY 10. Come and join in the discussion!**

I have a dream, and I'm telling you about it to see if you share my dream.

If asked, most of us would identify ourselves as lifelong learners...but, what are we really learning? There are so many things we want to learn and so many places we want to go, but sometimes it's easier to just keep doing the same things with the same people than do discover new learning experiences.

Here's my dream: I'd like to visit places around the world, but after I had studied their history and culture. I'd like to learn more about ballet, opera, the symphony, theater, and art; then experience it so I can use my newfound knowledge. I'd like to go to professional sports events after learning the rules of the game.

If you share this dream, we could make a list of what we would like to learn, find someone to teach us, and then locate the related experience that would let us use our new knowledge. Maybe it's studying impressionism before an impressionist exhibit comes to the Art Museum; maybe it's studying Chinese history and culture before a trip to China; maybe it's learning about the Indian cultures of our area before going to the Red Earth Festival; perhaps it's studying Shakespeare before going to a play at the Globe Theater and visiting the Avon area; maybe it's learning the rules of hockey before going to a game.

After agreeing upon some things we'd like to learn, we could locate someone to teach us, arrange some classes that fit our schedules, and then plan the related event. Perhaps we should start slowly....one trip and one event per year. Everyone would not be interested in everything, but eventually we could have enough interest groups to have a year-round schedule of learning opportunities.

If this resonates with your interests, send me an e-mail at [aharris@snu.edu](mailto:aharris@snu.edu) or stop and see me at the SNU Library (2nd floor - across from the elevator) or drop me at note Arlita Harris, 3737 North College, Apt. 224, Bethany, OK 73008. Share your learning dreams.

P.S. Watch the walls on the south side of Asbury and 39th Street. The first two murals depicting Bethany's history will be painted in late May by Bethany resident and muralist Dr. Bob Palmer beginning the Bethany Murals Project.



Jack David Arnold  
Is Archived!  
by Shirley E. Mears

Jack David Arnold, president of The Academy of Senior Professionals, is featured on the Where's Shirley Interviews page of the [www.thegospelstation.com](http://www.thegospelstation.com) website. The segment was recorded in Chuck Schroeder's office at the National Cowboy & Western Heritage Museum.

The focus of the interview was to promote information on the Senior Adult Conference 2010, (SAC2010). Jack David had been interested in hosting another senior event since the first conference in 2001. An eagerness to offer great information for the members of The Academy of Senior Professionals as well and the surrounding communities have fueled the effort of a growing team of volunteers.

The volunteer team includes Emmalyn German, Dr. Elbert and Darlene Overholt, Linda Dobson, Roy Dorris, Connie Daniels, John Martin, Petra Burdine, Treva Hill, Joan Zubik, Renda Brumbeloe, Irwin Harris, Paul Scheie, Brad Swartout, Rhonda Thomas, Mark House, Pat Perry and Shirley Mears.

As Co-director, I have been able to work along side Jack David and have had the pleasure of benefiting from his influence for excellence.

I want to say a special THANK YOU to my friend, Jack David Arnold



Obituaries  
By Lecil Brown

Leon and Mabel Jennings

Leon Eugene Jennings, 88, passed away in Seymour, Wisconsin, Saturday, February 20, 2010. He was born May 12, 1921 in Santa Anna, TX to B.F. Jennings and Nora (Messer) Jennings. He graduated from Lake View High School in San Angelo, TX in 1939, then went on to receive his THB from Southern Nazarene University in Bethany, OK in 1944. He served 42 years as a minister with the Church of the Nazarene. Leon's wife, Mabel E Jennings passed away eight days later and her funeral was at Mercer Adams on March 9th. They are survived by sons, Dwight and Dennis Jennings; brother, Wesley Jennings; brother-in-law, Wilbur Takemire; and 4 grandchildren, Jessica, Matthew, Lauren and Kristin Jennings. Funeral services for Leon were held Friday, February 26 at Mercer-Adams Chapel, Bethany, OK, with interment in Bethany Cemetery.

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*Arnold continued from p. 2*

may need to leave our comfort zone, guaranteed safety and pleasurable familiarity behind. Just as the baby eagles are reluctant to leave the nest, we also may resist change. We may tolerate the increasing discomfort because we are afraid of the unknown.



Since this is my last editorial as President of the Academy of Senior Professionals (ASP) at my beloved alma mater, Southern Nazarene University (SNU), I wish to express my deep gratitude to the late and present members of the ASP, ASP Founder Elbert David Overholt, and SNU President Loren Gresham for allowing me to serve as the ASP President for the past twelve years. With the new rotation system found in our recently revised ASP Bylaws, I will have the privilege of serving as the ASP Past-President for the 2010-2011 academic year.

Longevity as President and the need for change convinced me that I am ready to move on and experience new challenges. If my fear of the unknown had temporarily increased my acceptance of the status quo, then circumstances could have gotten thorny enough that, like the growing eagles, I would have been coaxed into moving on.

When the time comes to venture out and accept new challenges, we should try, with God's help, to remember that we have the ability not only to survive but to prosper. Our Creator designed us to achieve soaring levels of spirituality, success, and service; this means that we never have to settle for less than a flourishing, abundant, and meaningful life.

Within each of us, there are divine, natural, and creative resources that can be realized and utilized only when we climb to the edge of the nest, slip off into the air, fly, and discover "a brave, new world"!



## ASP Calendar

### Monday: May 10, 2010

:00—11:00 a.m. Shuttle Service from the Sawyer Center lot (41st and Donald) to the Webster Commons  
 9:30—10:30 a.m. RIG Philosophy Seminar three - Student Conf. Rm. (Webster Commons 1st Floor)  
 11:00-a.m.— 1:00 p.m. Luncheon Meeting in the Heritage Room  
 1:00—1:30p.m. Shuttle service to the Sawyer Center parking lot

### Friday: May 21, 2010

8:00 am—3:00 pm Senior Adult Conference 2010  
 Bethany First Church of the Nazarene

## Senior Adult Conference 2010 updates

### NEW Breakout Sessions!!\* (See also pg. 3)

Sylvia Goodman, "Fall prevention"  
 Andrea Huston, "Medicare 101"  
 Connie Weber and Joan Zubik "What are we going to do with all this stuff?"  
 Petra Burdine, "Senior resources"  
 Brad Swartout, "Financial abuse of seniors"  
 Gayle Dyer "Grief recovery, Serving widows and widowers."  
 John Gillespie, Investment strategies for uncertain times

\*If you previously signed up for three sessions, you are still free to change your mind.

### Conference Vendors to date:

James Worley, American Estate Preservation  
 John Gillespie, Access Financial  
 John Martin, Butterfield Foundation  
 Petra Burdine, Home Care Medical  
 Bill Martin, Edward Jones  
 Daisy McNeil, Integris Volunteers  
 Susan Leatherwood, Bott Radio  
 Shirley Mears, The Gospel Station Network  
 Beth Patterson, RSVP  
 Anna States, Area Wide Aging Agency

### Conference Sponsors to Date:

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