PLN PRESENTS
Dr. Clayton Christensen

On Wednesday, April 16, 2014, Peer Learning Network (PLN) will host speaker Dr. Clayton Christensen at the Jim Thorpe Event Center, Downtown Oklahoma City from 11:30 a.m. to 1:00 p.m.

In a poll of thousands of executives, consultants and business school professors, Christensen was named as the most influential business thinker in the world. He is regarded as one of the world’s top experts on innovation and growth.

Christensen has authored eight best-selling books and more than a hundred articles, including the recently released, and New York Times best selling, *How Will You Measure Your Life?* *The Innovator’s Dilemma* received the Global Business Book Award as the best business book of the year (1997); and in 2011 *The Economist* named it as one of the six most important books about business ever written. Five times he has received the McKinsey Award, given to the two best articles published in the *Harvard Business Review* each year; and has received the *Lifetime Achievement Award* from the Tribeca Films Festival (2010). He has been featured twice (1998 and 2011) as the cover story in *Forbes Magazine*.

The Peer Learning Network (PLN), established by Southern Nazarene University in 1995 and facilitated by the Zig Ziglar Center for Ethical Leadership, brings together the CEO and leadership teams of Oklahoma based companies who have committed to be Major Partners with Peer Learning Network.

Registration is a must and can be made by contacting Eunice Trent, Academy of Senior Professionals (ASP) Director at 405.491.6602. Cost for ASP members is at a discounted rate of $20.00 a ticket, which includes a bus ride downtown together with the ASP Group. Payment is due upon registration. Dress for this luncheon is business professional.

**WEDNESDAY APRIL 16, 2014—PLN BUS SCHEDULE**

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<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>10:00</td>
<td>Arrives at the Sawyer Center lot (41st and Donald)</td>
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<tr>
<td>10:30 a.m.</td>
<td>Bus departs for PLN</td>
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<td>1:15</td>
<td>Bus leaves from PLN</td>
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<tr>
<td>1:45</td>
<td>Bus returns to Sawyer Center lot</td>
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**ADDRESS**

4040 N LINCOLN BLVD
OKLAHOMA CITY OK 763105
Eating Humble Pie

I have a new application on my phone that I like a lot. It is called My Fitness Pal. I keep track of everything I eat and also my exercise, including piano practice. I can follow the nutrition of what I ate and also log in the water I drank. When I set it up I logged in how tall I was and my current weight. It set up a weight loss plan for me of a certain number of calories a day. Each day it sends me little notes about how well I am doing. Only a few days after I started, My Fitness Pal told me that I was not eating enough calories. In effect I was shutting down my metabolism and putting myself on a starvation diet that would not help me achieve my goal. Hmm. For all the talents I have, dealing with food is not the greatest. But I can learn, and I am going to keep trying.

Many of you commented on the eagle story I told at our last meeting. It is a story of how the 40 year old eagle scratches away his worn out talons, and crusty beak, and then waits on a high rock for new ones to grow. Wasn’t that a great story? Someone asked me for a copy of it – so I looked in my favorite research place, on the internet, and discovered it is a mythical tale. I am sure though that the verse in the Bible about renewing our strength and mounting up with wings as eagles relates to their molting process, where they lose their feathers and become weak. Other eagles feed them during this time, so that they can regain their strength.

More humble pie… I announced that our water color painting class would begin on April 4, 2014. I was wrong. Paulette is planning to be in Florida then. We have rescheduled our water color classes to the Fridays in May. The first water color class will then be May 2, 2014.
Happy Easter ASP Members,

I hope everyone has a blessed Easter this year and we are thankful for our family, friends, and faith. With that said, I hope we don’t eat too many chocolate bunnies or jelly beans.

Our trip to the Devon Towers was a success, and a good time was had by all. We did have seven cancel and we are sorry they couldn’t join us. The trip to the Bush Library is still in May, but we won’t have a date until there is a bus available. It will still be on a Saturday, and I will keep you informed.

There is still time to sign up for the great Scotland trip which includes the Military Tattoo. I’m also planning the Alaska cruise with a trip thru Denali National Park in September, a Southern Charm tour that goes to the beautiful old homes in Charleston, South Carolina, and there is nothing like spending some holiday time in New York City.

Please call me for details regarding these trips. See you at the May meeting.

Pat Perry
405-373-4147
patperry@sbcglobal.net

Beverly McAllister Parker, 81, passed away Feb. 25, 2014 at Concordia Skilled Nursing Facility. She was born July 10, 1932 to Earnest P. McAllister and Margaret Toothaker McAllister in Dyer, AR. She attended public school and then earned a BS degree in Business from Southern Nazarene University. On July 10, 1954, she and Robert Parker were married.

During their 60 years of marriage, they lived in Ada, OK; Pasadena, CA; San Diego, CA; and Bethany, OK.

She was a lifetime member of the Church of the Nazarene and served over the years in different capacities as board member, teacher, missionary society president, and women's fellowship committee member.

Beverly is survived by her husband, Robert, and 4 children: Robert, Jr., David, Pamela Oden, and Timothy. She is also survived by 3 sisters and 2 brothers, as well as 10 grandchildren, 7 great-grandchildren, and numerous nieces and nephews.

The funeral was March 5 with interment at Bethany Cemetery.

Donations are requested to Beverly McAllister Parker Scholarship Endowment Fund at SNU. The Fine Arts Center is now named for these two fine Christian alumni.
“Sharing a Continuous Flight”

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