Dr. Roy L. Dorris will speak about “Geriatric Drugs: Their Adverse Effects and Interactions” on January 13, at the first Academy luncheon of the New Year: 2014

By
Jack David Armold, Ph.D.

I was surprised and intrigued by the following sentence in an e-mail message which Dr. Dorris sent to me last month, “Don’t be disappointed if you do not receive a prescription when you visit your physician.”

In his presentation on geriatric drugs, Dr Dorris will make two important points: 1). Drugs have effects other than those for which they are administered; usually these effects are undesirable. 2). Drugs often interact with each other when in the body at the same time; in rare cases, the interaction is beneficial therapeutically, but more often it is not.”

Dr. Dorris became a member of the Academy of Senior Professionals (ASP) at Southern Nazarene University (SNU) about the same time as I did: circa 1996. He served as ASP Treasurer for about ten (10) years, taking the position at the passing of Rev. Bud Cargill. In that year, I recall that the late Dr. Elbert David Overholt was the ASP Founder and Director; the late Professor Vada Lee Beard Barkley was the ASP President.

Dr. Dorris graduated from the following institutions of higher learning:
- B.S. degree, biology major, Bethany Nazarene College, 1959
- M.S. degree, biology major, Peabody College, Vanderbilt University, 1960
- Ph.D. degree, pharmacology major, Vanderbilt University, 1969.

Dr. Dorris served as teaching and research faculty member in the departments of pharmacology at the University of Texas, Southwestern Medical School (6 years) and Baylor College of Dentistry Baylor University Graduate School (18 years).

After retirement from Baylor Dr. Dorris spent two years at the University of North Texas Health Science Center where he aided in the establishment of a Drug Abuse Institute. In 1994 he returned to the place where he grew up and for about 3 years served as adjunct professor in the Department of Chemistry at Southern Nazarene University.

For more than 30 years Dr. Dorris carried out research on the effects of drugs on chemicals that transmit messages between nerves in the brain and published more than 30 manuscripts on research findings in peer-review journals that are located on the shelves of libraries of Schools of Medicine around the world.

His wife, Rebecca, and all three children attended Southern Nazarene University.

Important luncheon reservation
Members: If you have not been contacted by one of our telephone callers by Thursday, January 9, then please contact Mrs. Linda Carley, Telephone Committee Chairperson:
405.728.0515 or donlincarley@prodigy.net
Guests: Please contact Mrs. Eunice Trent, ASP Director: NEW office phone number:
405.491.6602 or etrent@snu.edu

THANK YOU TO
CONCORDIA LIFE CARE
LUNCHEON SPONSOR
Happy New Year

The ASP eagles are soaring into 2014. Can you believe it? It seems only yesterday we were preparing for Y2K. My father gave me a detailed list of survival techniques in case important computer crashes occurred, leaving us without the basic necessities of life. One of our parishioners in California had set aside so much emergency stuff on some rafters over an old car in his garage, that it collapsed—and he left it that way several years because he just didn’t have the will to clean it up. My preparation included buying some paper poppers, New Year’s hats, and paper trumpets to bring in the new millennium. A few days later we celebrated our son’s sixteenth birthday by trying to make a cake out of his pancakes at breakfast. The only problem with that was that the candles melted into the hot pancakes. We all had a good laugh. How different our world is since then!

Is it so different though? Are you setting aside emergency supplies in case of earthquake, tornado, or some kind of an overseas attack? How about emergency funds in case of health care insurance collapse?

It seems all our lives we are taught like boy scouts to be prepared. So now it is our turn to help those who come behind us to be prepared. Prepared for what you say? We want to be prepared for a good life here and a heavenly life for eternity. We don’t want to live in constant fear, so we invest in making the world a better place around us. Let’s teach the next generation to be responsible contributors to the emerging societies by influencing and encouraging those around us whose lives we come in contact with. We show love and kindness to our neighbors and those with whom we come in contact. We love the Lord our God with all our heart, soul, strength, and mind, and our neighbor as ourselves.

I’m preparing for art classes with Paulette Woods to be held in February and March. I can hardly wait. If you are coming to these classes too, please check the table for an information and supply list at the January luncheon. I hope that what we do in these classes will leave a legacy for those who follow us. One never knows where our smallest effort might lead.

We keep on with lifelong learning, so that we can share our lives with others. So come on, ASP eagles. Let’s take off. Its 2014 and we are soaring into this Happy New Year.

---

HAPPY NEW YEARS WISHES

May 2014 be a better year for all of us
May we love ourselves more and be kinder to others.
May we have more so we can do more.
May we be filled with love, fueled with passion strengthened by faith and hope
May we allow God to work in each of us.
Welcome 2014

Looking back on the months gone by,
As a new year starts and an old one ends,
We contemplate what brought us joy,
And we think of our loved ones and our friends.
Recalling all the happy times,
Remembering how they enriched our lives,
We reflect upon who really counts,
As the fresh and bright new year arrives.
And when we ponder those who do,
We immediately think of you.
Thanks for being one of the reasons
We’ll have a Happy New Year!

anonymous

---

LUNCHEON SPONSORS

<table>
<thead>
<tr>
<th>Month</th>
<th>Sponsor</th>
</tr>
</thead>
<tbody>
<tr>
<td>October</td>
<td>Legend of Council Road</td>
</tr>
<tr>
<td>November</td>
<td>United Pharmacy in Yukon</td>
</tr>
<tr>
<td>December</td>
<td>Southern Plaza</td>
</tr>
<tr>
<td>January</td>
<td>Concordia Life Care Community</td>
</tr>
<tr>
<td>February</td>
<td>Mercer-Adams Funeral Service</td>
</tr>
<tr>
<td>March</td>
<td>Spanish Cove Retirement Village</td>
</tr>
<tr>
<td>April</td>
<td>Southern Nazarene University Peer Learning Network</td>
</tr>
<tr>
<td>May</td>
<td>To Be Determined</td>
</tr>
</tbody>
</table>
Lawana Isaacs Shellenberger died December 6, 2013. She was born in Wichita, KS to Clyde and Leta Loughmiller.

Her survivors include her husband, Dr. Elmer Shellenberger, and daughters, Shelley Isaacs Nichols (Athens, Ga) and Jamie Isaacs Horowitz (Henry), (Greenville, SC). She had 5 grandchildren and one great grandson.

Besides her husband, she is survived by his family, Dr. Kent Shellenberger (Stephane) and Susie Shellenberger; plus 3 step-grandsons.

She was preceded in death by her first husband of 48 years, Raleigh Hamilton Isaacs.

She will be remembered as a lady who leaves a rich and beautiful Christian heritage. Funeral services were held December 14, 2013, at Bethany First Church of the Nazarene, Bethany, OK.
2013-2014 Officers and Committees

Officers

Eunice Trent, Director
Emmalyn German, President
Arlita Harris, President Elect
James Long, Vice President
Renda Brumbeloe, Immediate Past President
Joan Dozier, Secretary
Gary Lance, Treasurer
Miltonette Brasher, Member Representative
Wayne Sacket, Member Representative

Standing Committee Chairpersons

Eunice Trent, Strategic Planning
Harold Dozier, Bylaws and Organization
Jack David Armold, Programs
Arlita Harris, Book Discussion
Emmalyn German, Publications
Bobbie Loper, Membership

Special Committee and Activity Leaders

Linda Carley, Calling
Madalyn Shannon Long, Historian
Helen Southerland, Morning Seminar Interest Group
Pat Perry, Travel Club
Shirley Mears, Get Acquainted Moments

The Academy Perspective

- - -Publication Board- - -
Production Editor
Joan Dozier

- - -Columnists- - -
President’s Column
Emmalyn German
ASP Director
Eunice Trent
Book Discussion
Arlita Harris
Morning Seminar
Helen Southerland
Obituaries
Madalyn Long
Photography
Dale German
Travel Club
Pat Perry

- - -Communications Policy- - -
We value messages from our readers.
By mail: The Academy Perspective (TAP), Southern Nazarene University, 6729 N.W. 39th Expressway, Bethany, OK 73008
By fax: (405) 491-6381
By computer:
http://snu.edu/academyofseniorprofessionals

- - -Newsletter Subscription Information- - -
Annual subscription — The Academy Perspective:
Non-members—$10.00 per year
Members—Included in membership

- - -Contributions- - -
To make tax deductible contributions to the Academy of Senior Professionals:
Mail to: Gary Lance, Treasurer
Southern Nazarene University
6729 NW 39th Expressway
Bethany, OK 73008