B.S. in Physical Education

Kinesiology Core Courses
First Aid/CPR & Safety & Lab
Foundations of Kinesiology & Sport Management
Motor and Sport Skills I
Motor and Sport Skills II
Motor and Sport Skills III
Motor and Sport Skills IV
Motor and Sport Skills V
Practicum/Clinical Experience
Personal and Community Health
Fitness Assessment & Technology
School Health/Safety Curriculum P-12
Methods in Elementary Physical Ed
Methods in Secondary Physical Ed
Exercise Physiology
Adapted/Inclusive Physical Education
Motor Learning
Research Measurement & Evaluation
Organization, Leadership, and Management of Kinesiology & Sport Management
Senior Seminar for Physical Ed

Additional Classes (choose 1)
Structural Kinesiology
Biomechanics and Kinesiology

Athletic Coaching Courses
Teaching & Performance of Weight Training
Care & Prevention of Athletic Injuries and Lab
Officiating
Coaching
Internship I

AT SOUTHERN NAZARENE UNIVERSITY, WE DON’T JUST BELIEVE IN YOUR DREAMS. WE EQUIP YOU WITH THE BEST EDUCATION WHICH GIVES YOU THE CONFIDENCE TO MAKE YOUR DREAMS A REALITY.

We know you are selecting a college for more than just its location or school colors. You want to go somewhere that will prepare you for the future. Your future.

At Southern Nazarene University, we want that for you, too. That is why we work hard to make sure our degrees are supported by some of the top curriculum available.

We hire highly-qualified faculty who not only know the ins and outs of the profession you seek, but who truly wish to see you succeed individually. And we make sure you leave SNU prepared for a great job in Physical Education. That’s why we can encourage you to not just dream, but to dream with confidence.

WITH UNIQUE PROGRAMS
The SNU Physical Education program will prepare you for either the recreation industry or possible alternative education teaching certificate.

WITH UNIQUE LEARNING OPPORTUNITIES
At SNU we know you need more than just classroom lectures to learn. That’s why we create unique environments to take your education to the next level.

As a student in the Sport & Leisure program, you will be required to complete an internship in a professional setting of interest to you. Local businesses. Professional sports teams. Corporate industries. While interning, you will receive practical application for all your classroom learning to prepare you for future employment. These internships will require 270 clock hours that will count for a six-hour upper division class. Ask about internship possibilities when you visit campus!

Many Sport & Leisure majors enjoy getting involved with the community through volunteering. Perhaps you will volunteer to work with area club sports or community youth leagues. Through volunteering, you can gain additional field experience and build your resume for future job hunting.

WITH HIGHLY-QUALIFIED STAFF
Your professors at SNU are more than just capable of teaching. They are experts in their fields of study with years of experience. On top of that, they have a personal investment in your success.
Take a class from past Assistant Athletic Director and coach for volleyball and track/cross country Stephane Shellenberger, the faculty/director for Leisure Services. She has a M.A. in Education/Physical Education from the University of Central Oklahoma as a public classroom instructor. In addition, she has experience directing a grant from the Oklahoma County Health Department, and has spent time teaching in Oklahoma.

WITH PREPARATION FOR AFTER GRADUATION
When you complete your Sport & Leisure degree at SNU, you will be able to apply your knowledge to your new job. One we anticipate you will get immediately after graduation. After all, you will be prepared and equipped with a variety of job skills that align with the recreation industry—who wouldn’t want to hire you?

But don’t take our word for it, meet Emilie Anderson, SNU graduate. Anderson works for the Girls Scouts of Northeast Texas as the Executive Assistant to the Chief Program Officer and Member Relations Liaison. In her new position, after two major promotions in less than 5 years, Anderson’s work resolves conflicts and assists her boss with various projects.

Since Anderson began working for the Girl Scouts in 2008, she has designed and implemented programs for thousands of Girl Scouts, coordinated and trained hundreds of adults and managed countless volunteers. In her current position, Anderson is the project manager for the State Fair of Texas exhibit which had over 145,000 visitors!

“I am where I am today because of SNU and professors that cared so much about me. Still to this day I can call Prof. Shellenberger up and she would be there for me,” says Anderson. “Going to a small school was one of the best choices I made in my education. The smaller classes were definitely a plus for me.” If a dream is a blueprint of a goal not yet achieved, at SNU we partner with you to focus your efforts to attain whatever it is you hope to accomplish. Thus, we say DREAM WITH CONFIDENCE.