CHILD THERAPY TRACK

This program is intended to equip participants with skills requisite for working effectively with children and adolescents.

About the Child Therapy Track...

The program is embedded in our degree programs, but is also available for licensed persons as a certification program (certification is granted by OAPT). Those taking the complete program will complete 60-hours of coursework and will graduate with an MAMFT/Child Therapy degree. CTP-track students complete most of the program with their MSCP and MAMFT counterparts, but will diverge in Module 13 to complete Child Development. CTP-track students rejoin their MAMFT counterparts for Module 14 to complete Marital and Family Systems. From there, CTP-track students will diverge one final time to complete Modules 15-18. Students completing the five courses in the child therapy track concentration will meet the requirements to become a Registered Play Therapist (RPT).

Those interested in taking the five Child Therapy courses as a certification program can audit the courses in sequential order. By auditing these courses, students will meet the academic requirements for the Oklahoma Association of Play Therapists program; however, this does not mean students will be certified play therapists with the OAPT. Certification is granted by OAPT and not by Southern Nazarene University. SNU does not offer a certification program. Classes that are available to audit are listed below and identified by an asterisk*.

The courses (modules) are taken sequentially, to allow focused study on one subject area at a time. Class meetings occur one night per week for a four-hour session for the first year of the program. In year two, classes will occur over intensive weekend courses that meet Friday evenings for four hours and all day Saturday for eight hours. Extensive directed study occurs outside the classroom, in preparation for participative learning experiences during class time.

In addition to the courses, the MAMFT/CT student will complete a 450-hour Internship. Specific guidelines for the internship are provided in a supplemental publication (Internship Handbook). Work on all components of the program (modules and internship) occurs simultaneously. Another vital component of counselor preparation is supervised experience in counseling situations. This process is initiated briefly in the first module, but is developed more fully during the internship placement. Internships begin at the end of the first semester and are completed by the end of the fifth and final semester. The internship occurs in approved clinical settings. Throughout the program, students are encouraged to apply the training from the psychotherapy courses.