CHILD THERAPY TRACK

COURSE DESCRIPTIONS

CTP SEMESTER 1 (order of classes subject to change)

MODULE 1 - PSY 5333 - Introduction to Counseling Techniques (3 hours)
An introduction to the basic helping skills and the role of professional counselors. Students are introduced to specific and nonspecific variables in the counselor, the client and the counseling environment that produce change in clients. An overview of the historical development of the counseling profession is explored as well as future directions for the profession of counseling. Foundations are explored for developing a worldview of counseling, inclusive of a Christian view of persons. Students will practice basic helping skills and learn to conduct initial interviews. Students will initiate use of library research to develop hypotheses for empirical research.

MODULE 2 - PSY 5313 - Lifespan Development (3 hours)
Theoretical and research approaches to the study of development of human abilities and behavior throughout the lifespan. The course will focus on such theorists as Piaget, Freud, Erikson, Kohlberg, Peck, Vaillant, Schaie, and Sternberg. Topics include developmental research methodology, variables influencing development, and basic developmental processes in physical, motor, perceptual, cognitive, linguistic, emotional, social, and personality development. Applications of developmental theory to counseling are emphasized.

MODULE 3 - PSY 5263 - Psychopathology (3 hours)
Examination of techniques used in defining and classifying deviant behavior syndromes, according to DSM-IV classification. Theoretical and empirical literature dealing with etiology and treatment of various disorders is examined. Areas of coverage are situation reactions, anxiety disorder, personality disorders, psychoses, organic disorders, and child adolescent onset disorders.

MODULE 4 - PSY 5283 - Professional Orientation (3 hours)
This course is designed to provide a survey of ethical, legal and professional issues facing counselors and others in human services. Emphasis is given to raising awareness of the complexities of ethical issues in professional practice.

CTP SEMESTER 2 (order of classes subject to change)

MODULE 5 - PSY 6333 - Theories of Counseling (3 hours)
This course provides an overview of the major viewpoints underlying various approaches to counseling. It shows how these viewpoints developed as well as the ways of influence outlook and technique in counseling. You will have opportunity to see the various viewpoints in action as used by others, and to apply them in role-played counseling sessions. Critique of the theories will include emphasis on Christian perspectives.

MODULE 6 - PSY 6133 - Research Methods I (3 hours)
An overview of the various research methodologies used to study behavior. The focus is on application, especially to counseling research. This course is closely tied to development of the thesis. The prospectus is begun during this module.

MODULE 7 - PSY 5143 - Family and Psychological Assessment (3 hours)
Testing theory and statistical considerations in the construction of psychological measurements. Coverage is given to administration and interpretation of various assessment tools. The course also includes diagnostic interviewing techniques, report writing, direct observation techniques, and self report scaling.

MODULE 8 - PSY 6263 - Family Crisis Intervention (3 hours)
An applied psychotherapy lab course that engages the student in both the theoretical foundations for crisis intervention and in the actual and practical experience of implementing crisis intervention techniques. Students will be instructed in the stages of emergency and crisis situations and the theoretical frameworks for describing crisis events.

MODULE 9 - PSY 6293 - Philosophy of Interpersonal Relationships (3 hours)
Considers worldviews with regard to situations that are an inherent part of the human condition, such as suffering, change, trauma, and so forth. Focus is on an understanding of such conditions and the garnering of resources for coping with these situations. Special emphasis will be given to the ways in which the various philosophical positions give rise to ethical considerations.

MODULE 10 - PSY 6303 - Counseling Children and Adolescents (3 hours)
An advanced counseling course focused on specific techniques used in diagnosis and treatment of children and adolescents. Normative and nonnormative aspects of development are examined to assist in understanding appropriate interventions. DSM IV diagnoses found in children and adolescents are evaluated. Legal and ethical issues related to intervention with minors are also explored.

MODULE 11 - PSY 6323 - Counseling Children and Adolescents (3 hours)
An advanced counseling course focused on specific techniques used in diagnosis and treatment of children and adolescents. Normative and nonnormative aspects of development are examined to assist in understanding appropriate interventions. DSM IV diagnoses found in children and adolescents are evaluated. Legal and ethical issues related to intervention with minors are also explored.

CTP SEMESTER 3 (order of classes subject to change)

MODULE 12 - PSY 6333 - Theories of Counseling (3 hours)
This course provides an overview of the major viewpoints underlying various approaches to counseling. It shows how these viewpoints developed as well as the ways of influence outlook and technique in counseling. You will have opportunity to see the various viewpoints in action as used by others, and to apply them in role-played counseling sessions. Critique of the theories will include emphasis on Christian perspectives.

MODULE 13 - PSY 6133 - Research Methods I (3 hours)
An overview of the various research methodologies used to study behavior. The focus is on application, especially to counseling research. This course is closely tied to development of the thesis. The prospectus is begun during this module.

MODULE 14 - PSY 5143 - Family and Psychological Assessment (3 hours)
Testing theory and statistical considerations in the construction of psychological measurements. Coverage is given to administration and interpretation of various assessment tools. The course also includes diagnostic interviewing techniques, report writing, direct observation techniques, and self report scaling.

MODULE 15 - PSY 6263 - Family Crisis Intervention (3 hours)
An applied psychotherapy lab course that engages the student in both the theoretical foundations for crisis intervention and in the actual and practical experience of implementing crisis intervention techniques. Students will be instructed in the stages of emergency and crisis situations and the theoretical frameworks for describing crisis events.

MODULE 16 - PSY 6293 - Philosophy of Interpersonal Relationships (3 hours)
Considers worldviews with regard to situations that are an inherent part of the human condition, such as suffering, change, trauma, and so forth. Focus is on an understanding of such conditions and the garnering of resources for coping with these situations. Special emphasis will be given to the ways in which the various philosophical positions give rise to ethical considerations.

MODULE 17 - PSY 6303 - Counseling Children and Adolescents (3 hours)
An advanced counseling course focused on specific techniques used in diagnosis and treatment of children and adolescents. Normative and nonnormative aspects of development are examined to assist in understanding appropriate interventions. DSM IV diagnoses found in children and adolescents are evaluated. Legal and ethical issues related to intervention with minors are also explored.

CTP SEMESTER 4 (order of classes subject to change)

MODULE 18 - PSY 6333 - Theories of Counseling (3 hours)
This course provides an overview of the major viewpoints underlying various approaches to counseling. It shows how these viewpoints developed as well as the ways of influence outlook and technique in counseling. You will have opportunity to see the various viewpoints in action as used by others, and to apply them in role-played counseling sessions. Critique of the theories will include emphasis on Christian perspectives.

MODULE 19 - PSY 6133 - Research Methods I (3 hours)
An overview of the various research methodologies used to study behavior. The focus is on application, especially to counseling research. This course is closely tied to development of the thesis. The prospectus is begun during this module.

MODULE 20 - PSY 5143 - Family and Psychological Assessment (3 hours)
Testing theory and statistical considerations in the construction of psychological measurements. Coverage is given to administration and interpretation of various assessment tools. The course also includes diagnostic interviewing techniques, report writing, direct observation techniques, and self report scaling.

MODULE 21 - PSY 6263 - Family Crisis Intervention (3 hours)
An applied psychotherapy lab course that engages the student in both the theoretical foundations for crisis intervention and in the actual and practical experience of implementing crisis intervention techniques. Students will be instructed in the stages of emergency and crisis situations and the theoretical frameworks for describing crisis events.

MODULE 22 - PSY 6293 - Philosophy of Interpersonal Relationships (3 hours)
Considers worldviews with regard to situations that are an inherent part of the human condition, such as suffering, change, trauma, and so forth. Focus is on an understanding of such conditions and the garnering of resources for coping with these situations. Special emphasis will be given to the ways in which the various philosophical positions give rise to ethical considerations.

MODULE 23 - PSY 6303 - Counseling Children and Adolescents (3 hours)
An advanced counseling course focused on specific techniques used in diagnosis and treatment of children and adolescents. Normative and nonnormative aspects of development are examined to assist in understanding appropriate interventions. DSM IV diagnoses found in children and adolescents are evaluated. Legal and ethical issues related to intervention with minors are also explored.
MODULE 11 – PSY 6243 - Marriage and Family Therapy (3 hours)
This course addresses the practice of marital and family therapy. It is designed to teach theory application, technique formation, technique delivery, and follow through in marital and family therapy. Techniques in marital and family therapy such as joining, relabeling, reframing, structure change, pattern enhancement, first and second order change, power word unpackaging, and faith language framing will be taught. Instruction in the assessment and utilization of the family’s language, rules and structure will be provided.

MODULE 12 – PSY 6393 - Multicultural Treatment Planning (3 hours)
This course is a synthesis of the student’s clinical training. The student is taught how to coordinate diagnostic interviewing, psychological assessment techniques and diagnosis to assist in developing appropriate treatment plans for clients. Students will demonstrate appropriate use of DSM-IV diagnostic skills and illustrate an awareness of the growing body of literature on empirically based treatment planning. Multicultural aspects of counseling and treatment planning are investigated.

CTP SEMESTER 4 (order of classes subject to change)
MODULE 13 – PSY 5323 - Child Development (3 hours)
Child Development covers physical, cognitive, social, emotional, behavioral, and spiritual development from birth through early adulthood, using both theoretical and research approaches. Each aspect of growth, change, and stability in the developing child is examined in both cultural and universal aspects, considering normative and non-normative aspects as supported by research. Strong consideration is given to the ecological understanding of the child, that is, the embeddedness of the child within spheres of influence and reciprocal relationship.

MODULE 14 - PSY 6343 - Marital and Family Systems (3 hours)
This course is the foundational material for discovering how Marital and Family Therapy approaches human relationship problems. Marital and Family Therapy utilize systemic theory as problems and problem resolution in a different way. This “different way” brings focus on the processes or context that is giving meaning to events instead of the individuals or the events themselves. Examination of marriage and family in the context of a system will be the theme of this course.

MODULE 15 – PSY 5113 - Child and Adolescent Psychopathology and Assessment (3 hours)
This course provides an overview of psychopathology commonly seen in children and adolescents. Although not every disorder that may adversely influence child functioning will be discussed in detail, this course will provide students with resources to help them investigate other disorders in more depth. A developmental perspective will be taken during the exploration of these topics as well as an emphasis on critically evaluating the relevant current research. Related topics including risk factors, resilience, and current controversies in child diagnosis will be discussed.

MODULE 16 – PSY 6313 - Introduction to Play Therapy (3 hours)
This course is an introduction to the field of play therapy and play therapy techniques. An overview of play therapy history and application will be discussed. Theoretical foundations will be explored in depth as well as application of each. Specific play therapy techniques such as art therapy, sandtray play, water play, mutual storytelling, puppetry, board games and role plays, will be presented in an experiential learning environment. Students will learn how to engage in specific play techniques. Discussion of applications with special populations will also be included.

MODULE 17 – PSY 6323 - Specialized Techniques – Play Therapy (3 hours)
This course will build on the basic principles of play therapy. Treatment plan development based on assessment from PSY 5323 and PSY 5113 will incorporate play therapy techniques in relationship to theoretical models being utilized. Specific play therapy techniques such as art, sand tray, water play, mutual storytelling, puppetry, board games, and role plays will be presented in an experiential learning environment. Each technique will be discussed and practiced in relationship to each theoretical modality. Therapeutic modalities will be paired with specific issues and trauma. Therapeutic modalities will include CBT, Adlerian, Gestalt, Child-Centered, Ecosystemic, and Prescriptive. Students will initiate use of library research to develop hypotheses for empirical research.

MODULE 18 – PSY 6363 - Advanced Clinical Play Therapy (3 hours)
This course will incorporate advanced skills and principles. Theoretical foundations will be explored and practiced in depth. Family involvement will be incorporated and include both family systems and filial therapy. Documentation of therapeutic progress, evidence based practice skills, and empirically validated tools and measurements will be utilized. Report writing, documentation, court testimony and validation of play therapy will be included.

ELECTIVE OR ADDITIONAL HOURS
Additional Internship Hours – (3 hours)
Students can elect to add an additional 150 hours of internship to their coursework. The additional hours must maintain a ratio of at least 75 direct client contact hours and will count for an additional 3 credit hours. Adding additional hours will add additional cost to the students overall program cost.