MASTER OF ARTS IN MARRIAGE AND FAMILY THERAPY (MAMFT)

The MAMFT program is a 48-hour program designed to meet the academic requirements for the Marriage and Family Therapy (LMFT) license in Oklahoma.

About the MAMFT program...

The curriculum is divided into 14 modules containing theoretical and applied psychotherapy courses and 450 hours of internship. Marital therapy, family therapy, and play therapy courses are completed over five nontraditional, accelerated semesters. MAMFT-track students will complete most of the program with their MSCP counterparts, but will diverge in Module 14 to complete Marital and Family Systems. MAMFT-track students have the option of adding an additional 12 hours to complete a 60-hour program. If students choose to complete an additional 12 hours of course work, they will complete Module 15 (Substance Abuse) and then rejoin their MSCP counterparts for Modules 16-18.

The courses (modules) are completed sequentially to allow focused study on one subject area at a time. Class meetings occur one night per week for a four-hour session for the first year of the program. In year two, classes will occur over intensive weekend courses that meet Friday evenings for four hours and all day Saturday for eight hours. Extensive directed study occurs outside the classroom in preparation for participative learning experiences during class time.

In addition to the courses, MAMFT students will complete a 450-hour Internship. Specific guidelines for the internship are provided in a supplemental publication (Internship Handbook). Work on all components of the program (modules and internship) occurs simultaneously.

Another vital component of counselor preparation is supervised experience in counseling situations. This process is initiated briefly in the first module, but is developed more fully during the internship placement. Internships begin at the end of the first semester and are completed by the end of the fifth and final semester. The internship occurs in approved clinical settings. Throughout the program, students are encouraged to apply the training from the psychotherapy courses.

All graduate degree programs at SNU require an exit evaluation. In the MAMFT program, the exit evaluation occurs through an oral defense of the master's thesis and a Clinical Competency Interview (CCI). The CCI is a way of demonstrating clinical competency of the student and synthesizing the various clinical components of the program.