

GRADUATE PROGRAMS IN COUNSELING

Program Information

The graduate degree programs in counseling at SNU offer a Master of Arts in Counseling Psychology (MACP) and a Master of Science in Counseling Psychology (MSCP). Each degree is a 60-hour program designed to meet the state of Oklahoma's academic licensure requirements for the Licensed Professional Counselor (LPC). Also included are optional elective concentrations that meet the academic licensure requirements for the Licensed Marital and Family Therapist (LMFT) and Licensed Alcohol and Drug Counselor (LADC) in the state of Oklahoma. All programs share a common core of coursework and are delivered in an accelerated, modularized format.

The mission of the Southern Nazarene University Graduate Programs in Counseling is to educate and prepare students to assist diverse populations as competent, ethical, and self-reflective practitioners. As a university rooted in the Wesleyan theological tradition, we shape our students to value hospitality, curiosity, and compassion, emphasize a relational-developmental model, and promote service and social justice.

Program Objectives

- *Foundational Counseling Methods:* The graduate will demonstrate competence in helping skills, the development/maintenance of the therapeutic relationship, including insight and self-awareness, and effectively communicating case material through writing.
- *Research:* The graduate will demonstrate competence in regards to appropriate literature review, development of hypotheses, application of research design, and effective analysis and interpretation of data.
- *Assessment:* The graduate will demonstrate basic awareness and competence in evidence-based family, psychological, and career assessment techniques, procedures, interpretation, and report writing.
- *Multiculturalism/Diversity:* The graduate will demonstrate awareness and competency in using therapeutic and assessment approaches sensitive to multicultural and diversity concerns, finding opportunities to serve others, enacting social justice, and promoting general welfare.
- *Diagnosis:* The graduate will demonstrate an awareness of diagnostic criteria and effectively provide appropriate diagnosis based on case material.
- *Case Conceptualization:* The graduate will demonstrate theoretically sound and developmentally appropriate conceptualization of case material.
- *Treatment Planning:* The graduate will demonstrate theoretically consistent and evidence-based planning for therapeutic treatment including individual, systems-based, and group modalities.
- *Law & Ethics:* The graduate will demonstrate awareness and competency in making legally consistent and ethical decision-making.
- *Integration:* The graduate will demonstrate an ability to understand and relate psychological theory and principles according to one's own faith tradition and/or value system.

The curricular design of the Graduate Programs in Counseling utilizes a generalized approach that offers students the flexibility to develop expertise in dealing with a wide range of specific problem/content areas (e.g., substance abuse, domestic violence, vocational exploration, etc.) through a range of therapeutic methodologies (e.g., individual counseling, marriage and family therapy, play therapy, group therapy, etc.).

Admission Requirements

The faculty and administration in the Graduate Programs in Counseling take the process of training counselors very seriously. The application process is therefore very thorough and critical to both the admissions and educational process. The faculty and administration greatly value the application process and accept only those applicants whom the faculty believe will make the best counselors. The GRE is not required because the faculty do not want to simply quantify potential applicants. The program's desire is for the admissions process to allow the faculty to get to know each applicant as a person in order to see if that person will be a good fit for the program, and that the program will be the right fit for the applicant. Also, the faculty firmly believes that the program is challenging, demands excellence from its students, and more than adequately prepares all students for the variety of situations faced as a counselor. The faculty are looking for future students who can excel in the classroom, be flexible in thought, and have the ability to connect with and engage others from various backgrounds and circumstances. The program is accelerated in order to provide students the best training possible, while also allowing future graduates the opportunity to start their career as soon as possible.

Application Deadlines

Bethany: Fall Semester (Early Admissions – March 1st; Regular Admissions – June 1st)

Bethany: Spring Semester (October 15th)

Tulsa: Fall Semester (August 1st)

Application Process

All steps are required to be completed prior to the application deadline in order to obtain an interview.

Step 1: Applicants must meet the following requirements to apply to the program: Hold a baccalaureate degree from a regionally accredited college or university; have taken at least 18 hours of psychology related undergraduate coursework (General or Introduction to Psychology and Statistics are required); a GPA of 3.0 or higher is considered competitive; however, multiple factors are considered when making admissions decisions.

International Students: Please visit the international admissions web page to find out more about the application requirements. <http://snu.edu/international-admissions>.

Step 2: Send official transcripts in order to verify successful completion of application requirements.

For Bethany applicants, transcripts can be emailed to Scott Secor (ssecor@snu.edu), faxed to (405) 491-6375, or mailed to: Scott Secor, Southern Nazarene University, 6729 NW 39th Expressway, Bethany, OK 73008.

For Tulsa applicants, transcripts can be emailed to Kim Roach (kiroach@mail.snu.edu), or mailed to: Kim Roach, Southern Nazarene University, 8210 E. Regal Court, Tulsa, OK 74133.

Step 3: Applicants who meet the application requirements can complete the rest of the application process: online application; three recommendations; curriculum vitae/resume; writing packet; background check release; \$50 application fee.

Step 3b: Applicants who do not meet the application requirements can contact their admissions counselor: Bethany applicants can email Scott Secor (ssecor@snu.edu) and Tulsa applicants can email Kim Roach (kiroach@mail.snu.edu). The admissions counselors will provide options for applicants to consider.

Step 4: Applicants will be contacted to set up their interview once the admissions deadline for the group to which they are applying has been reached, provided that all application materials have been submitted.

Application Materials Descriptions

Recommendations

Three recommendations are required per applicant. A minimum of two recommendations must be academic in nature and should come from recommenders who can comment on the applicant's professional or educational aptitude. Recommendations should ideally be made by persons who have known the applicant for at least a year and with whom the applicant has had considerable interaction. Recommenders that can comment directly on the applicants fit and potential as a successful counselor are particularly helpful. All recommendations can be emailed or mailed to Scott Secor (ssecor@snu.edu) for Bethany applicants or to Kim Roach (kiroach@mail.snu.edu) for Tulsa applicants.

Curriculum Vitae/Resume

Applicants are encouraged to submit a formal vita or resume along with their application.

Writing Packet

The submission of a personal statement, the admissions essay, and the vignette response each offers applicants the opportunity to communicate to the Graduate Programs in Counseling their overall fit with the program. These written documents will convey the applicant's ability for self-reflection, their capacity to be present with and serve others, their understanding of the responsibilities and obligations of a professional counselor, their understanding of diversity concerns and social justice, their intellectual capabilities, and their readiness for the academic demands of graduate work in counseling. These documents will be evaluated in terms of the applicant's capacity for written expression. Only self-disclose regarding particulars to the extent that is appropriate for you. Please complete all three parts of this writing packet on three separate documents.

Background Check Release

The Graduate Programs in Counseling requires a background check for all applicants. Filling out and sending in the background check release allows the program to conduct the background check.

Application Fee

All applicants are required to submit a \$50 application fee prior to their interview. The Graduate Programs in Counseling accepts either cash or check. Checks should be made out to the Graduate Programs in Counseling. Application fees can be paid at the time of the interview.

Interview Process

The interview is designed to assist the faculty in determining the fit between the applicant and the program/profession. The program seeks to admit students who best reflect key characteristics of effective counselors in the field. The interview process itself will consist of two individual interviews and one group interview.

Applicants will be contacted by the department to schedule their interview once the deadline for applications has been reached and if the applicant has submitted all required application materials. The admissions committee meets to make admissions decisions after all interviews have been conducted. Applicants will be informed within two weeks after the interview regarding their application status. Applicants then are given approximately one month to inform the department of their acceptance or denial of the invitation to join the group.

MASTER OF ARTS IN COUNSELING PSYCHOLOGY (MACP)

MACP PROGRAM

The Master of Arts in Counseling Psychology (MACP) degree is a 60-hour program designed to meet the state of Oklahoma's academic licensure requirements for the Licensed Professional Counselor (LPC). Also included are optional elective concentrations that meet the academic licensure requirements for the Licensed Marital and Family Therapist (LMFT) and Licensed Alcohol and Drug Counselor (LADC) in the state of Oklahoma. This degree is ideal for students who are most interested in the practitioner side of counseling.

The MACP degree consists of 48 core hours and 12 elective hours. The 48 core hours occur over four semesters, training students in four foundational areas of counseling: professional foundations, theoretical foundations, assessment, and contextual applications. The fifth and final semester affords students the opportunity to select from one of three elective concentrations: marriage and family therapy, drug and alcohol counseling, or child and play therapy. Further, students who complete the child therapy sequence will meet the academic requirements of the Association for Play Therapy in Oklahoma to become a Registered Play Therapist.

The lone distinction between the MACP degree and the Master of Science in Counseling Psychology (MSCP) degree is the difference in research emphasis. Students pursuing the MACP degree will take one research course and will not be required to complete a research project and thesis.

Courses are completed over five non-traditional, accelerated semesters in approximately two years. The courses (modules) are completed sequentially to allow focused study on one subject area at a time. During the first four semesters, half of the courses will meet one night a week for a four-hour session. For all other courses, the class sessions will occur over intensive weekend courses that meet Friday evenings for four hours and all day Saturday for eight hours. Extensive study, including reading, assignments, and other class-related activities will occur outside the classroom in preparation for participative learning experiences during class hours.

Core 48-Hours

Course Number	Course Title	Credit Hours
<u>Professional Foundations</u>		
PSY 5333	Introduction to Counseling Techniques	3
PSY 5313	Lifespan Development	3
PSY 5263	Psychopathology	3
PSY 5283	Professional Orientation	3
<u>Theoretical Foundations</u>		
PSY 6113	Theories and Techniques of Counseling I	3
PSY 6123	Theories and Techniques of Counseling II	3
PSY 6253	Marital and Family Systems Theories	3
PSY 6133	Research Methods I	3
<u>Assessment</u>		
PSY 6193	Internship	3
PSY 6593	Multiculturalism and Diversity in Counseling	3
PSY 5153	Psychological and Career Assessment	3
PSY 5233	Alcohol and Drug Addiction and Assessment	3
<u>Contextual Applications</u>		
PSY 6493	Internship	3
PSY 6213	Group Psychotherapy Techniques	3
PSY 6303	Counseling Children and Adolescents	3
PSY 6293	Philosophy of Interpersonal Relationships	3
Elective 12-Hours		
<u>Concentration I: Marriage and Family</u>		
PSY 6403	Neuropsychopharmacology	3
PSY 6273	Family and Systems Psychotherapy	3
PSY 6263	Family Crisis Intervention	3
PSY 6283	Marriage and Couples Therapy	3
<u>Concentration II: Drug and Alcohol Counseling</u>		
PSY 6403	Neuropsychopharmacology	3
PSY 6273	Family and Systems Psychotherapy	3
PSY 6263	Family Crisis Intervention	3
PSY 6223	Drug and Alcohol Theories	3
<u>Concentration III: Child and Play Therapy</u>		
PSY 5113	Child and Adolescent Psychopathology and Assessment	3
PSY 6313	Introduction to Play Therapy	3
PSY 6323	Specialized Techniques in Play Therapy	3
PSY 6363	Advanced Clinical Play Therapy	3

Internship

In addition to the courses, MACP students will complete 450 hours of Internship. Work on both components of the program (courses and internship) occurs simultaneously. The internship is a vital component of counselor preparation and allows students supervised experience in counseling situations. Internships begin within the first two semesters and are completed by the end of the fifth and final semester. The internship occurs in approved clinical settings.

Capstone Project and Exit Evaluation

All graduate degree programs at SNU require an exit evaluation. In the MACP program, the exit evaluation occurs in conjunction with the completion of the capstone project: the Clinical Competency Interview (CCI). The CCI is a way for the student to demonstrate clinical competency through the capacity to synthesize various clinical components learned throughout the program and during clinical training (i.e., assessing, diagnosing, and treating clients).

MASTER OF SCIENCE IN COUNSELING PSYCHOLOGY (MSCP)

MSCP PROGRAM

The Master of Science in Counseling Psychology (MSCP) degree is a 60-hour minimum program designed to meet the state of Oklahoma's academic licensure requirements for the Licensed Professional Counselor (LPC). Also included are optional elective concentrations that meet the academic licensure requirements for the Licensed Marital and Family Therapist (LMFT) and Licensed Alcohol and Drug Counselor (LADC) in the state of Oklahoma. For students in the MSCP degree program, meeting LMFT and LADC requirements will involve additional coursework beyond the 60-hour minimum requirement. This degree is ideal for students who are most interested in research and is the best preparation for those interested in pursuing doctoral work.

The MSCP degree consists of 54 core hours and a minimum of six elective hours. The first 48 hours occur over four semesters, training students in four foundational areas of counseling: professional foundations, theoretical foundations, assessment, and contextual applications. The fifth and final semester affords students the opportunity to take the research and thesis concentration. This concentration consists of a second research methods course, the completion of a research project, and the proposal and defense of a thesis. Students will then have the option of selecting a minimum of two courses from one of three elective concentrations: marriage and family therapy, drug and alcohol counseling, or child and play therapy. Further, students who complete all four courses in the child therapy sequence will meet the academic requirements of the Association for Play Therapy in Oklahoma to become a Registered Play Therapist.

The lone distinction between the MSCP degree and the Master of Arts in Counseling Psychology (MACP) degree is the difference in research emphasis. Students pursuing the MSCP degree will take two research courses and will be required to complete a research project and a thesis.

Courses are completed over five non-traditional, accelerated semesters in approximately two years. The courses (modules) are completed sequentially to allow focused study on one subject area at a time. During the first four semesters, half of the courses will meet one night a week for a four-hour session. For all other courses, the class sessions will occur over intensive weekend courses that meet Friday evenings for four hours and all day Saturday for eight hours. Extensive study, including reading, assignments, and other class-related activities will occur outside the classroom in preparation for participative learning experiences during class hours.

Core 48-Hours

Course Number	Course Title	Credit Hours
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Professional Foundations

PSY 5333	Introduction to Counseling Techniques	3
PSY 5313	Lifespan Development	3
PSY 5263	Psychopathology	3
PSY 5283	Professional Orientation	3

Theoretical Foundations

PSY 6113	Theories and Techniques of Counseling I	3
PSY 6123	Theories and Techniques of Counseling II	3
PSY 6253	Marital and Family Systems Theories	3
PSY 6133	Research Methods I	3

Assessment

PSY 6193	Internship	3
PSY 6593	Multiculturalism and Diversity in Counseling	3
PSY 5153	Psychological and Career Assessment	3
PSY 5233	Alcohol and Drug Addiction and Assessment	3

Contextual Applications

PSY 6493	Internship	3
PSY 6213	Group Psychotherapy Techniques	3
PSY 6303	Counseling Children and Adolescents	3
PSY 6293	Philosophy of Interpersonal Relationships	3

Research and Thesis

PSY 6143	Research Methods II	3
PSY 6993	Thesis	3
	Elective from either Concentration I, II, or III	3
	Elective from either Concentration I, II, or III	3

Elective Minimum 6-Hours**Concentration I: Marriage and Family**

PSY 6403	Neuropsychopharmacology	3
PSY 6273	Family and Systems Psychotherapy	3
PSY 6263	Family Crisis Intervention	3
PSY 6283	Marriage and Couples Therapy	3

Concentration II: Drug and Alcohol Counseling

PSY 6403	Neuropsychopharmacology	3
PSY 6273	Family and Systems Psychotherapy	3
PSY 6263	Family Crisis Intervention	3
PSY 6223	Drug and Alcohol Theories	3

Concentration III: Child and Play Therapy

PSY 5113	Child and Adolescent Psychopathology and Assessment	3
PSY 6313	Introduction to Play Therapy	3
PSY 6323	Specialized Techniques in Play Therapy	3
PSY 6363	Advanced Clinical Play Therapy	3

Thesis

In addition to the courses, MSCP students will complete a research project and corresponding master's thesis. Work on all three components of the program (courses, thesis, and internship) occurs simultaneously. Work on the thesis begins in the Research Methods I course and culminates with a thesis defense prior to graduation.

Internship

In addition to the courses, MSCP students will complete 450 hours of Internship. Work on both components of the program (courses and internship) occurs simultaneously. The internship is a vital component of counselor preparation and allows students supervised experience in counseling situations. Internships begin within the first two semesters and are completed by the end of the fifth and final semester. The internship occurs in approved clinical settings.

Capstone Project and Exit Evaluation

All graduate degree programs at SNU require an exit evaluation. In the MSCP program, the exit evaluation occurs in conjunction with the completion of the capstone project: the Clinical Competency Interview (CCI). The CCI is a way for the student to demonstrate clinical competency through the capacity to synthesize various clinical components learned throughout the program and during clinical training (i.e., assessing, diagnosing, and treating clients).

GRADUATE PROGRAMS IN COUNSELING COURSE DESCRIPTIONS**PSY 5333 Introduction to Counseling Techniques (3 credit hours)**

This course introduces students to the primary concepts related to the process of psychotherapy and the relational ideas that are central to the practice of counseling. Relationship building skills and techniques, including interviewing, reflective listening, and the development of insight and self-understanding are explored. Students are also introduced to basic theoretical concepts, including person-centered and existential theories, to begin conceptualizing counseling cases and to understand the common factors of psychotherapeutic change.

PSY 5313 Lifespan Development (3 credit hours)

Lifespan Development covers theoretical and research approaches to the development of human abilities and behavior throughout the lifespan. The course addresses a variety of theoretical approaches, as well as different developmental tasks across the lifespan. In order to more fully understand the issues and dynamics of counseling, it is imperative to have a clear grasp of the processes involved in human development. Such understandings of development are important because many clients enter counseling with problems that are the result of disrupted or dysfunctional developmental processes.

PSY 5263 Psychopathology (3 credit hours)

This module provides an emphasis on describing, classifying, and differentiating deviant behavior syndromes according to the current, prevailing classification system in the United States (Diagnostic and Statistical Manual of Mental Disorders). Literature dealing with description, etiology, and prognosis of various disorders will be examined.

PSY 5283 Professional Orientation (3 credit hours)

This course is designed to provide a survey of ethical, legal and professional issues facing counselors and others in human services. Emphasis is given to raising awareness of the complexities of ethical issues in professional practice.

PSY 6113 Theories & Techniques of Counseling I (3 credit hours)

This course provides an overview of the various psychoanalytic, psychodynamic, and interpersonal approaches to counseling, specifically offering an introduction to the various perspectives on theory and technique. This course also examines the historical development of these approaches, the contemporary impact and understanding of these approaches in the counseling field, and the underlying anthropological and philosophical assumptions of these approaches. Students will have opportunity to observe these various approaches, as well to apply them practically through role-play and theoretically through case conceptualization and treatment planning.

PSY 6123 Theories & Techniques of Counseling II (3 credit hours)

This course provides an overview of the various behavioral, cognitive, and other evidence-based approaches to counseling, specifically offering an introduction to the various perspectives on theory and technique. This course also examines the historical development of these approaches, the contemporary impact and understanding of these approaches in the counseling field, and the underlying anthropological and philosophical assumptions of these approaches. Students will have opportunity to observe these various approaches, as well to apply them practically through role-play and theoretically through case conceptualization and treatment planning.

PSY 6253 Marital & Family Systems Theories (3 credit hours)

This course provides an overview of family structure theories and family systems approaches and applications to counseling. This course also examines the historical development of these approaches, the contemporary impact and understanding of these approaches in the counseling field, and the underlying anthropological and philosophical assumptions of these approaches. Students will have opportunity to observe these various approaches, as well to apply them practically through role-play and theoretically through case conceptualization and treatment planning.

PSY 6133 Research Methods I (3 credit hours)

An overview of the various research methodologies used to study behavior. The focus is on application, especially to counseling research. This course is closely tied to development of the thesis. The prospectus is begun during this module.

PSY 6593 Multiculturalism & Diversity in Counseling (3 credit hours)

This course will focus on the diverse demographics with which counselors interact, especially related to race and culture, religion, gender, age, sexuality, disability, and socio-economic status, emphasizing the implications of these factors for counseling. Students will have the opportunity to examine counseling approaches to diverse groups by analyzing various levels of therapeutic intervention, the barriers to multicultural awareness, and ways to incorporate multicultural competencies in organizations. In addition, students will establish a dialogue between theory and practice, between personal reflections and interpersonal exchange, between feelings, actions, and thoughts. Students will be asked to examine personal assumptions regarding internalized presuppositions about other persons and groups of varying demographics. Students will therefore utilize both ethnographic and self-reflective techniques to expand cultural and diversity awareness.

PSY 5153 Psychological & Career Assessment (3 credit hours)

This course provides an introduction and overview of assessment, including the administration, scoring, and interpretation of psychological tests in the areas of personality, intelligence, psychopathology, and occupation/career. This course is designed to help students understand the basics of test construction and measurement, as well as to guide students in the selection and utilization of appropriate assessment measures for diagnosis, conceptualization, and development of treatment plans. In addition, students will examine theories of career development, principles for effective education/career planning, and how to offer information and resources to clients based on assessment results. Students will learn how to integrate assessment results into career and general counseling.

PSY 5233 Alcohol & Drug Addiction & Assessment (3 credit hours)

This course will focus on methods for assessing, diagnosing, and treating alcohol and drug-related problems in counseling settings. The course offers strategies for screening clients for substance-related issues, taking a detailed alcohol/drug history, working with ambivalence and increasing motivation to change addiction behaviors, examining family dynamics that contribute to addiction, treatment planning, and counseling interventions. The course will focus on assessing and treating a full range of substance-related and addiction problems, such as individuals with beginning substance use, individuals that do not acknowledge or understand more serious problems, more pervasive or diagnosed substance-related addictions, and family members of those with substance-related problems.

PSY 6213 Group Psychotherapy Techniques (3 credit hours)

This is an applied psychotherapy lab course that engages the student in both the theoretical foundations for group psychotherapy and in the actual experience of facilitating a psychotherapy group. Students will review literature regarding appropriate referrals to this modality of treatment as well as learning techniques to enhance the efficacy of group therapies. Much of this course will involve an experiential learning model as students participate in group process. There will also be an exploration of the use of groups within the Christian community.

PSY 6303 Counseling Children and Adolescents (3 credit hours)

This advanced course will serve as an overview course to introduce students to some of the basic issues that arise when providing services to children and adolescents. We will address issues that arise in working with youth including child maltreatment, divorce, trauma, and legal/ethical issues. Information pertaining to the treatment of childhood disorders based upon empirical evidence (emphasizing behavioral strategies) will be discussed. Special focus will be given to Parent-Child Interaction Therapy (PCIT) and Coping Cat (anxiety treatment manual). Adherence to the scientist-practitioner model and the relative contributions of research to clinical practice will be emphasized throughout the course.

PSY 6293 Philosophy of Interpersonal Relationships (3 credit hours)

This course begins by making the case that all modern psychotherapeutic discourse is moral discourse and therefore contains presuppositions about the human good life. The course then examines the presuppositions of the Christian tradition regarding human nature, the good life, and the practices that shape human transformation. Students are then asked to examine their own conceptions of human nature and the good life and the relationship of these conceptions to their personal narratives, religious traditions, and cultural and historical contexts.

PSY 6403 Neuropsychopharmacology (3 credit hours)

This course provides an overview of basic neurophysiology, as it is relevant to behavior, mood, and psychopathology. It also examines the neurochemistry of the major classifications of psychotropic medications as they relate to treating mental disorders, their effects and side effects, and relevant concerns for clients that take them. In addition, the course will acquaint students with neurophysiology connected to abuse and addiction of alcohol, prescription drugs, and illicit substance abuse, including the connection between the effects of brain changes and resulting problematic behaviors that are a focus of treatment. It offers students important implications for counseling and educating individuals and families presenting with psychopharmacological, addiction, and other substance-related concerns.

PSY 6273 Family & Systems Psychotherapy (3 credit hours)

This course addresses the practice of family theory application, technique and delivery, and follow-through in family therapy. In addition to the various theories of family structure and process, guiding principles and strategies for assessing families and problems will be presented, as will other techniques for engaging and connecting with families. Students will learn to develop hypotheses and formulate treatment plans that include specific family therapy techniques and interventions. Students will be exposed to practical family systems counseling methods from real life situations. Issues of diversity in families will be discussed and the implications for treatment. Students will also explore their own personal families of origin, identifying roles, patterns, and the impact on their development, functioning, and role as a family counselor.

PSY 6263 Family Crisis Intervention (3 credit hours)

This course provides an emphasis on recognizing, assessing, and responding to a range of crises that arise in the counseling setting. Students will review literature relevant to intervention in crisis situations and observe mental health settings that engage in direct individual and family crisis intervention. Students will be engaged in both the theoretical frameworks for describing and intervening in crisis events, as well as the actual and practical experience of implementing crisis intervention strategies. These individual and family strategies will include emergency assessment, appropriate reporting, and intervention techniques for those with potential to harm themselves or others, for drug and alcohol intoxication-related crises, for situations of abuse and neglect, and for domestic violence. The course will examine individual and family dynamics that contribute to the development of at-risk behaviors, drug and alcohol-related emergencies, and abusive systems, as well as interventions that provide protection against abuse and/or enhance the effective processing of trauma.

PSY 6283 Marriage & Couples Therapy (3 credit hours)

This course is designed to introduce students to the theory, philosophy, and treatment of problems typically encountered by couples. The role of the counselor and strategies of intervention will be emphasized. During this course students review the fundamentals of assessment and intervention with couples and how this differs from psychotherapy with individuals, groups, and families. This is a practice and technique-focused course and a significant portion of the course will be devoted to demonstrations, role-plays, and the practical implementation of couples counseling skills.

PSY 6223 Drug & Alcohol Theories (3 credit hours)

The purpose of this course is to educate students in the field of chemical dependency and substance abuse. The course is designed to assist the student in developing prevention, intervention, and treatment techniques and skills. In depth issues surrounding addiction, etiology, diagnosis and treatment will be explored. Through readings, research, presentations and discussions related to chemical dependency and substance abuse, the student will explore their own perspective about drug use/abuse. The aim is for each student to become intellectually and emotionally engaged in the complexities of the material presented. Chemical dependency and substance abuse is a growing field of study with far reaching implications. Students need to be aware of the confounding variables (biological, psychological, social, cultural, and family) associated with substance abuse.

PSY 5113 Child & Adolescent Psychopathology & Assessment (3 credit hours)

This course provides an overview of psychopathology commonly seen in children and adolescents. Although not every disorder that may adversely influence child functioning will be discussed in detail, this course will provide students with resources to help them investigate other disorders in more depth. A developmental perspective will be taken during the exploration of these topics as well as an emphasis on critically evaluating the relevant current research. Related topics including risk factors, resilience, and current controversies in child diagnosis will be discussed. Students will also receive an overview of child and adolescent assessment measures. The importance of assessing different domains, environments and multiple reporters will be emphasized. Students will practice conducting a basic developmental interview with a parent and child, and be exposed to a variety of behavior rating scales. Information on synthesizing assessment data and presenting results will be covered.

PSY 6313 Introduction to Play Therapy (3 credit hours)

This module provides an overview of effective strategies for working with children and adolescents. Students will gain instruction in the history, theories, modalities, techniques, and application of play therapy with children and adolescents. Additional topics will include the impact of culture, ethics, and spirituality when delivering developmentally appropriate counseling services for children and adolescents.

PSY 6323 Specialized Techniques in Play Therapy (3 credit hours)

This course will build on the basic principles of play therapy. Treatment plan development based on assessment from PSY 5323 and PSY 5113 will incorporate play therapy techniques in relationship to theoretical models being utilized. Specific play therapy techniques such as but not limited to art, sand tray, water play, mutual storytelling, puppetry, board games, and role plays will be presented in an experiential learning environment. Each technique will be discussed and practiced in relationship to each theoretical modality. Therapeutic modalities will be paired with specific issues and trauma. Therapeutic modalities will include CBT, Adlerian, Gestalt, Child-Centered, Ecosystemic, and Prescriptive. Students will initiate use of library research to develop hypotheses for empirical research.

PSY 6363 Advanced Clinical Play Therapy (3 credit hours)

This course will incorporate advanced skills and principles. Theoretical foundations will be explored and practiced in depth. Family involvement will be incorporated and include both family systems and filial therapy. Documentation of therapeutic progress, evidence based practice skills, and empirically validated tools and measurements will be utilized. Report writing, documentation, court testimony and validation of play therapy will be included.

PSY 6143 Research Methods II (3 credit hours)

Research Methods II provides tools to analyze research data and draw appropriate conclusions from that data. This module is a study of computer-based techniques for the more common statistical procedures used in psychological research. It gives the student experience in using SPSS to describe and draw inferences about research data, as well as assisting in completing the research for the student's thesis.

PSY 6193 Internship I (3 credit hours)

In conjunction with PSY 6493, supervised clinical experience and practice in field-work, as approved by the program. The internship occurs concurrently with course work and follows guidelines set forth in licensure preparation. Internship(s) will total minimum of 450 hours of service.

PSY 6493 Internship II (3 credit hours)

In conjunction with PSY 6193, supervised clinical experience and practice in field-work, as approved by the program. The internship occurs concurrently with course work and follows guidelines set forth in licensure preparation. Internship(s) will total minimum of 450 hours of service.